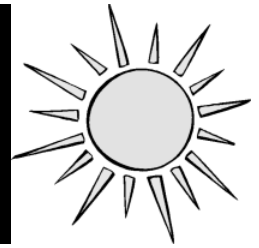


The Atrium News



A Choice Community / A Personal Care Facility

AUGUST 2010

What's Inside

Page 1

Resident Spotlight:
Romilda Beraldi

Page 2

Special Events
at the Atrium, Church
Schedule,

Page 3

Birthdays, New Friends,
Celebrations and Senior
Wellness
Day Information

Pages 4 & 5

Calendar

Page 6

Activity News

Page 7

Fun and Games:
June Word Search and
Summer Quotes

Page 8

About the Atrium

RESIDENT SPOTLIGHT: ROMILDA BERALDI!



At left: Romilda smiles pretty for the camera.

whenever we have Baking with Kevin in the Kitchenette. She helped me make a pretty fantastic apple cake the other day!

In fact, not only is Romilda an active participant in our kitchenette, but she is one of the most dedicated participants we have in all of Activities! Romilda has been known to appear in morning exercise, church

Every time Romilda "Momma Mia" Beraldi enters an activity, you can tell because it seems like the room gets just a little bit brighter. Momma Mia has a boisterous smile, and a laugh which embodies the expression, "Laugh and the world laughs with you."

In her younger days, she enjoyed baking quite a bit, with sponge cake, and Italian cookies (with honey!), being her specialty. In fact, Momma Mia is one of our regular participants

services, Art Class with Alan, and even Laughter Club!

Out of all of our activities though, Romilda particularly enjoys a good game of Bocce Ball. Come and challenge her to a match!

Before she came here to us, Romilda was a housewife and loved tending to her garden, enjoying the fruits of her labors with homegrown vegetables.

Aside from our Activities, Romilda enjoys regular visits from her daughter Lisa and son Mike. Come on down and sit for a spell with her!

**Friday, August 6th, from 1-3 pm The Atrium,
in
conjunction with Medi Home health,
presents:**

WALK THE LINE

Walk the Line is a Western themed carnival which will incorporate different games and events meant to test motor coordination, balance, foot assessment, and blood pressure checks. This event is open to the public and will be catered by our very own Chef Eric, Dietary Director. Call Medi Home

Health at 1-800-275-6554 for details.

The Atrium - 216 Main Street - Johnstown, PA
15901

www.theatriumcommunity.com - phone: 814-535-5347

SPECIAL EVENTS AT THE ATRIUM

Worship Schedule

SUNDAY CHURCH SERVICE

Sunday Church Service will be postponed for the remainder of the summer as Pastor Mains is unavailable. There are church services on TV, and Eucharistic ministers Mr. & Mrs. Podrasky will be available for private communion and ministry services as needed.

CATHOLIC MASS

Catholic Mass is celebrated each Monday in the Main Lounge.

AUGUST 2 Father Anthony
10:00 a.m.
AUGUST 9 Father Thomas
1:30 p.m.
AUGUST 16 Father Radasky
10:00 a.m.
AUGUST 23 Father Bernard
10:00 a.m.
AUGUST 30 Father Stanko
10:00 a.m.

PRAYER CIRCLE

Prayer Circle is held every Tuesday in the Main Lounge at 9:30 AM. Prayer Circle is led by our Activities Department.

ROSARY

Rosary Service is held every Wednesday in the Annex Dining Room at 10 AM. Led by resident Anna Frances Kist.

PRAYER SERVICE

Prayer Service is held every Thursday morning in the Main Lounge.

AUGUST 5 Kevin Bean
AUGUST 12 Pastor Abarno
AUGUST 19 Chaplin Jones
AUGUST 26 Pastor Carr

MARK YOUR CALENDAR!!

We've got some great things coming up this month, so make sure you don't miss them!

SHOPPING DAYS

Twice a month, I will go out and buy whatever it is that you need during on a shopping day. I will only be shopping on **THOSE TWO DAYS**, so please plan ahead. I will also only buy items for residents **who have their own money**. Money and lists must be provided prior to me leaving.

Regular Events:

Mondays: Mass, Bingo, Coffee Clutch, Annex Menu Day

Tuesdays: Prayer Service, Nail & Spa, Music w/ George, Bocce Ball

Wednesdays: American Bandstand, Rosary, Laughter Club, Art Class w/Alan, Big Word Game, Main Menu Day

Thursdays: Beach Ball Toss, Prayer Service, Prize Bongo, Men's Poker Club, Words and Pictures w/ Alan

Fridays: Chair Aerobics, Arts and Crafts, Alan's Dance Party

Special Events:

August 2 Music w/ Kevin

August 4 Baking in the Kitchenette

August 6 Walk the Line Carnival

August 11 Ballroom Dancers

August 12 Shopping Day

August 16 Cloud of Grace

August 20 Golden Strutters

August 23 Cloud of Grace

August 25 Music w/ Pat

August 26 Senior Serenaders

August 27 Resident Council Meeting
Celebration of Life Party
w/ Lou Stein

August 30 Retired Men's Chorus

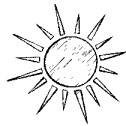
BIRTHDAYS, FRIENDS & CELEBRATIONS

Summer Evening by John Clare

The frog half fearful jumps across the path,
And little mouse that leaves its hole at eve
Nimbles with timid dread beneath the swath;
My rustling steps awhile their joys deceive,
Till past, and then the cricket sings more strong,
And grasshoppers in merry moods still wear
The short night weary with their fretting song.
Up from behind the molehill jumps the hare,
Cheat of his chosen bed, and from the bank
The yellowhammer flutters in short fears
From off its nest hid in the grasses rank,
And drops again when no more noise it hears.
Thus nature's human link and endless thrall,
Proud man, still seems the enemy of all.



AUGUST!!



**The Atrium will feature
a presentation on:
"OH, MY ACHIN'
BACK!"**

**Part of the
Senior Wellness Day Series
Wednesday, August 18th
2:00 - 4:00 p.m.**

**The Atrium
Main Lounge - Downtown
Free Parking and Refreshments**

**PUBLIC WELCOME!
RSVP: 535-5347**



AUGUST BIRTHDAYS!!!

John Kopriva - August 5th
Mary Jane Hobba - August 10th
Ermino Ercole - August 12th
Robert Crookston - August 15th
Joseph Zahorak - August 20th
Tony Tortia Sr. - August 22nd
Michael Lihvarik - August 29th
Aneeva Jones - August 31st

STAFF BIRTHDAYS!!!

Susan Lightner - August 1st
Michael Lorek - August 14th
Jainea Myers - August 17th
Pat Hill - August 19th
Karen Burke - August 22nd

Welcome to our new residents!!

**RUTH BUCHAN
CHRISTINE BLASKO**



Here comes the...

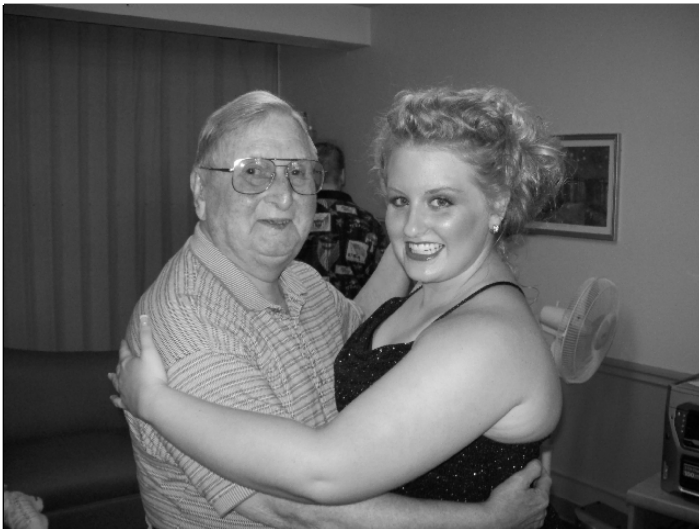


BRIDE!

Saturday, August 21st, our very own
Jen (Kelly) Ullery is getting married! She will be
coming into the Main Activities Lounge from

NEWS

ACTIVITY NEWS



Above, Robert Crookston dances with Angela R. Godin, one of the wonderful dancers from Sherry Lynn's Ballroom Dance.

It's been another great month here at The Atrium! We kicked off the beginning of our month by celebrating July 4th. We had a ball singing karaoke and

and eating popsicles. We even gave them some party poppers so that they could enjoy some "fireworks" for the occasion! There was laughter and streamers flying everywhere!

Soon after that we were treated to another wonderful performance by Sherry Lynn's

At left, Myrtle Hechler celebrates her retirement from The Atrium. You will be missed!



Ballroom Dancers. This marked a special performance for

us as Sherry and Brian brought a pair of interns with them to dance with our residents. Let me tell you, they may be retired, but bring a few pretty girls in here and the gentleman of The Atrium will show you the thrill is definitely not gone!

We added in a few more twists to this past months calendar also, which have been working out quite well! We now have a weekly memory workshop which challenges our residents to recite poems they learned in their youth. They have been having so much reconnecting with their grade school memories, as well as building confidence as they realize there is much they haven't forgotten.

Our very own Alan in activities has come up with a new activity— Words and Pictures with Alan. In this activity, Alan draws

Various places, people, objects, etc. on a large pad while challenging residents to guess what is being portrayed. After the topic has been guessed, discussions often flourish as Residents begin to recall memories about what is being drawn. A good time is had by all and it's another great way to boost memory.

One other event which the residents really enjoyed was a performance by Cloud of Grace—a Christian rock band who graces us with a visit each month. Seeing over half the residents in the building all in one place to enjoy a performance is a real testament to the job Cloud of Grace does. "They really lift my heart," says Harriet Mintemeyer. I can't wait to see what August will bring!



Above, Florence Wingard, Derna Kurtz, Louise Paige, Emma Parker, Romilda Berardi, and (behind the beach ball) Aneeva Jones pose for a picture after tossing around the beach ball for awhile. This has become a favorite new morning exercise for them.

SUM-SUM-SUMMERTIME!

FUN & GAMES

SUMMER WORD SEARCH

POPSICLEAXNIPCD
ITEBWEETGJOIDXU
CNNJWIKUAULCBWO
NBGLIIMVTLEETS
IUCBGJHSAYMCRET
CEFEIPIBURRRBR
ZUGARDENTIEETA
IKECESUNOITACAV
XZLHAUGUSTAMUOE
SXSBYMKOORWKEYL
EMFDIFPRDAVIYSR
MNYNRFMIETEMKLL
SUFBNUNIONIPLID
HHJMYHOKWGRHCWK
LUBKGOTSJECGFKN

AUGUST

BARBECUE

BASEBALL

BEACH

CAMPING

GARDEN

HOT DOGS

ICE CREAM

OUTSIDE

PICNIC

POPSICLE

SUN

TRAVEL

VACATION

WATERMELON

SWIMSUIT

A few words for SUMMER!

Ah, summer, what power
you have to make us suffer
and like it. ~Russel Baker

In winter I get up at night
And dress by yellow
candle-light.

In summer quite the other
way

I have to go to bed by day.
~Robert Louis Stevenson

I question not if thrushes
sing,

If roses load the air;

Beyond my heart I need not
reach

When all is summer there.
~John Vance Cheney

The summer night is like a
perfection of thought.

~Wallace Stevens

Deep summer is when lazi-
ness finds respectability.

~Sam Keen

Being a child at home alone
in the summer is a high-risk
occupation. If you call your
mother at work thirteen
times an hour, she can hurt
you. ~Erma Bombeck

Rest is not idleness, and to
lie sometimes on the grass on
a summer day listening to the
murmur of water, or watch-
ing the clouds float across
the sky, is hardly a waste of
time. ~John Lubbock

Summer is the time when
one sheds one's tensions with
one's clothes, and the right
kind of day is jeweled balm
for the battered spirit. A few
of those days and you can
become drunk with the belief
that all's right with the world.

~Ada Louise Huxtable

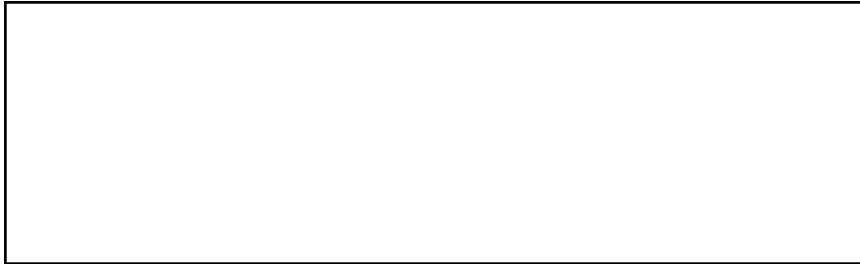
ABOUT THE ATRIUM

The Atrium is a personal care home dedicated to assisting our residents on their journey through the "circle of life" with enhanced and individualized services. We are conveniently located in downtown Johnstown. We offer:

The Atrium
A Choice Community



- Air conditioned facilities;
- Private rooms with private baths;
- 24 hour in-house nursing service;
- Delicious meals served in our elegant dining rooms and nutritious snacks available 24 hours per day;
- House keeping and laundry services;
- A variety of daily activities and social programs;
- In house beauty/barber shop;
- In-house weekly religious services;
- 24-hour security;
- Assistance with daily living needs such as bathing, grooming, dressing and medications.
- Much, much more!



CURRENT RESIDENT

The Atrium...A Choice Community
Not-For-Profit Organization
216 Main Street
Johnstown, Pa. 15901
Phone: 814-535-5347
www.theatriumcommunity.com