

Atrium News



A Choice Community / A Personal Care Community

AUGUST 2011

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About the Atrium

ATRIUM SPOTLIGHT: OUR FUNDRAISING TEAM!



Above, from left: Kevin Bean, Harold Rambeau, Eric Heptner, Denise Schropp, Lois Holliday, & Paula Bracken stand by the Grill sign— just a few of our great fund raising team.

If you've been around The Atrium on a Tuesday this summer, you may have noticed that something a little different from the daily routine has been going on. You would have been greeted by the sights and smells of hamburgers and hot dogs on the grill, mounds of pulled pork, haluski, and sausage steaming hot in the summer sun, and a basket full of fresh baked gobs. You would hear the harmonious sounds of laughter and The Beach Boys floating on the

air, with the ding of a cash register keeping time. That's right, if you had been here on a Tuesday this summer, you

would have seen the dedicated staff of The Atrium working away in the hot summer sun on our annual Grill.

Many of you are by now familiar with the great work our staff does in Nursing, Activities, Housekeeping, Dietary, Maintenance and the Business Office, but you may not have been aware of all of the work they do *outside* of their departments. Aside from their regularly assigned duties, our staff goes above and beyond the call of duty by working hard in our various Atrium fundraisers.

The staff here at The Atrium truly care about our residents. We try and treat every person here as if they were our own mothers and fathers, and that's why we work so hard to make sure that every person here is provided for to the best

of our ability, and that no one goes wanting if we can possibly help it. That's why we established fundraisers like the Grill. These days, we understand that from time to time everyone could use a little extra help. Whether it's a pair of desperately needed new shoes, or a much appreciated trip to a local baseball game to relive some of our fondest memories, we use the money that we raise during our fundraisers to improve the quality of life for our residents here at The Atrium, because *we care* about them.

Each and every day, our staff is blessed to be able to share the lives of such wonderful people, and we're happy to be able to give back to them in any way we can. Everyone here pulls together, always striving to find a way to bring more to the lives of our residents, even if it means working outside of our regularly assigned roles to get the job done.

Thank you, to all of our great Atrium fundraising staff.

SPECIAL EVENTS AT THE ATRIUM

Worship Schedule

SUNDAY CHURCH SERVICE

On Sunday, there are church services on TV, and Eucharistic ministers Mr. & Mrs. Podrasky will be available for private communion and ministry services as needed.

CATHOLIC MASS

Catholic Mass is celebrated each Monday in the Main Lounge.

August 1st - Fr. Anthony	10:00
August 8th - Fr. Crookston	1:30
August 15th - Fr. Thomas	1:30
August 22nd - Fr. Bernard	10:00
August 29th—Fr. Stanko	1:30

PRAYER CIRCLE

Prayer Circle is held every Tuesday in the Main Lounge at 10:00 AM. Prayer Circle is led by our Activities Department.

ROSARY

Rosary Service is held every Wednesday in the Annex Dining Room at 10:00 AM. Led by Frank Demko.

PRAYER SERVICE

Prayer Service is held every Thursday morning in the Main Lounge.

August 4th—Deacon Mart	2:30
August 11th—Rev. Bob	1:30
August 18th—Deacon Mart	2:30
August 25th—Chaplain Jones	10:30

MARK YOUR CALENDAR!!

SHOPPING DAYS

Twice a month, Kevin will go out and buy whatever it is that you need. He will only be shopping on **THOSE TWO DAYS**, so please plan ahead. He will also only buy items for residents **who have their own money**.

Weekly Events: *Exercise is EVERY morning*

Monday:	Mass, Cash Bingo, Modern Movie Monday, Annex Menu Day, Parachute Play
Tuesday:	Bean Bag Toss, Coffee & News, Prayer Circle, Nail & Spa, Art Class
Wednesday:	Reading Group, Games w/ Kevin, Rosary, Beach Ball Games, Treasure Hunt, Men's Poker Club, Crafts w/ Lois, Main Menu Day
Thursday:	Bean Bag Toss, Coffee & News, Prayer Service, Prize Bingo
Friday:	Gardening Club, Balloon Bounce, Crafts w/ Lois, Free Play, Kitchen w/ Kevin
Saturday:	Games in the Lounge, Coffee Club
Sunday:	TV Mass in the Lounge, Eucharistic Ministers, Games in the Lounge

SPECIAL EVENTS

1st	Music w/ Kevin
2nd	Inspirational Poetry Reading
4th	Shopping Day
5th	Communion w/ Fr. Arnone
8th	Bible Study w/ Fr. Nicholas
9th	Laughter Yoga, Betty Boop's Birthday Art, Cloud of Grace
11th	AAABA Baseball Game
17th	Senior Wellness Day
18th	Wizard of Oz Crafts, Shopping Day
19th	Paper Airplane Derby, Bingo w/ Grane
22nd	Music w/ Kevin
23rd	Inspirational Poetry Reading
24th	Ballroom Dancers
25th	Senior Serenaders
26th	Celebration of Life Party w/ John Wolf Women's Suffrage Discussion w/ Lois

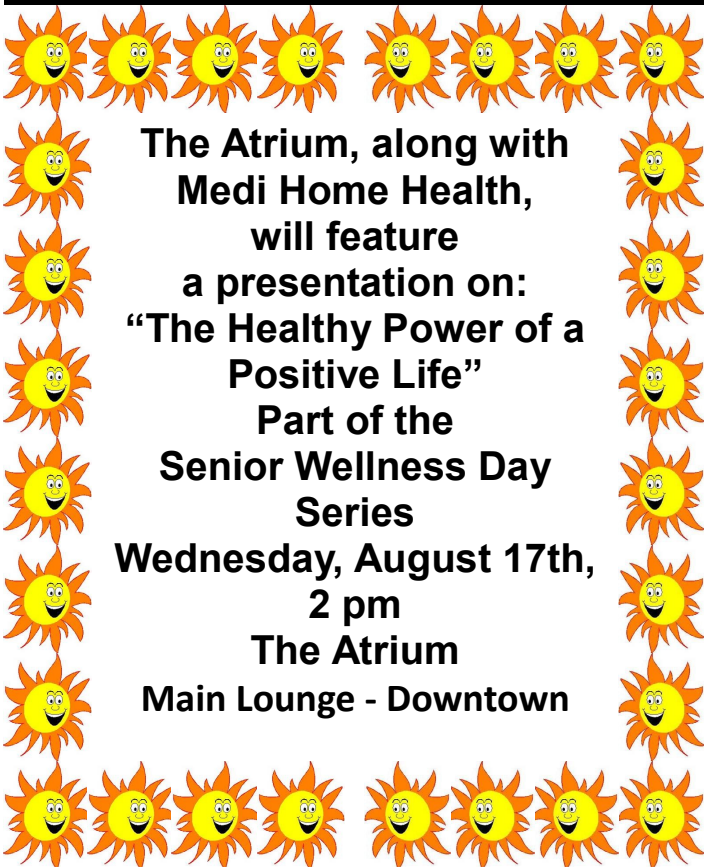
BIRTHDAYS, FRIENDS, CELEBRATIONS, & MORE!



Shall I compare thee to a summer's day?
 Thou art more lovely and more temperate.
 Rough winds do shake the darling buds of May,
 And summer's lease hath all too short a date.
 Sometime too hot the eye of heaven shines,
 And often is his gold complexion dimmed;
 And every fair from fair sometime declines,
 By chance, or nature's changing course, untrimmed;
 But thy eternal summer shall not fade,
 Nor lose possession of that fair thou ow'st,
 Nor shall death brag thou wand'rest in his shade,
 When in eternal lines to Time thou grow'st.
 So long as men can breathe, or eyes can see,
 So long lives this, and this gives life to thee

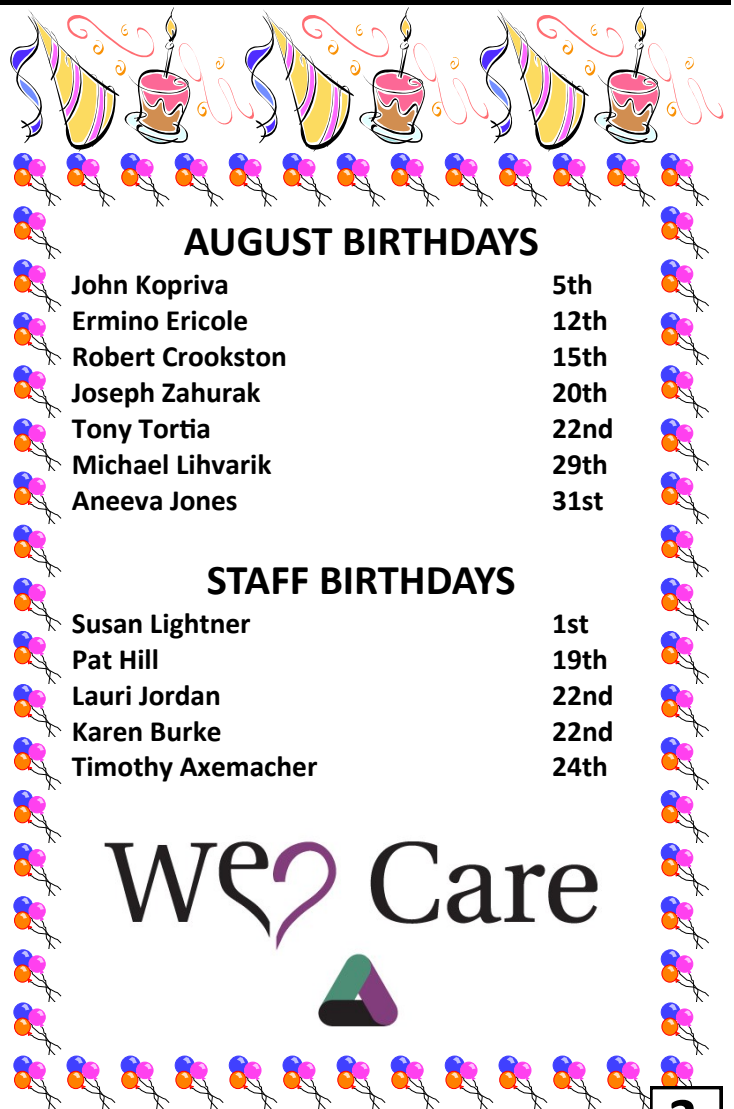


Sonnet 18, William Shakespeare



The Atrium, along with
 Medi Home Health,
 will feature
 a presentation on:
 "The Healthy Power of a
 Positive Life"
 Part of the
 Senior Wellness Day
 Series
 Wednesday, August 17th,
 2 pm
 The Atrium
 Main Lounge - Downtown

PUBLIC WELCOME!
RSVP: 535-5347



AUGUST BIRTHDAYS

John Kopriva	5th
Ermino Ericole	12th
Robert Crookston	15th
Joseph Zahurak	20th
Tony Tortia	22nd
Michael Lihvarik	29th
Aneeva Jones	31st

STAFF BIRTHDAYS

Susan Lightner	1st
Pat Hill	19th
Lauri Jordan	22nd
Karen Burke	22nd
Timothy Axemacher	24th

We Care



NEWS

ACTIVITY NEWS



Above: Tim takes a ride down the stairs

They say that prayer works, and I believe it, so whoever has been praying for warm weather— STOP! What a scorcher we've been having here at The Atrium this month. Recently, the heat index topped °105! We handed out a lot of

popsicles that day!

Even with the heat, we managed to have a good time here. Our gardening club has done such a great job this year that we were able to grab a bumper crop of green beans off of our plants already. We must have picked 15 beans off of each plant during that first har-

vest, and on top of that, we left a good number on to grow a little more. In all honesty, the green beans here are doing better than mine at home! That's okay, my tomatoes are nicer. Ha!

Aside from the bonanza out back, there's

LPN Tanya Brawley's daughter, treated us all with not one but FOUR performances of her majorette's routines— each one accompanied by a different costume! We all had such a nice time watching her dance while



Above: Emma Parker proudly holds some fresh picked green beans from our garden.

been a lot popping up inside the building. We were lucky enough to get a couple of new Stair Chairs in to help transport residents down the stairs in case of a fire. You can see Tim, one of our fine Dietary staff, being brought down during our training session in the photo above. We all had a nice time that day taking turns in the chair, as well as bringing each other down.

On a sweltering Monday evening, we all got a surprise when Mikayla,

keeping her baton spinning.

We always welcome anyone who wants to bring their special talent down to share with us here at the Atrium. If you'd ever like to come down and have some fun with us, feel free to call Kevin in Activities, 814-535-5347. Cheers!



Above: Tanya's daughter, Mikayla, came in and entertained us with her majorettes routines.

SUMMER WORD SEARCH

P O P S I C L E A X N I P C D
 I T E B W E E T G J O I D X U
 C N N J W I K U A U L C B W O
 N B G L I I M V T L E E A T S
 I U C B G J H S A Y M C R E T
 C E F E I P I B U R R R B X R
 Z U G A R D E N T I E E E T A
 I K E C E S U N O I T A C A V
 X Z L H A U G U S T A M U O E
 S X S B Y M K O O R W K E Y L
 E M F D I F P R D A V I Y S R
 M N Y N R F M I E T E M K L L
 S U F P B N U O N I O P L I D
 H H J M Y H O K W G R H C W K
 L U B K G O T S J E C G F K N

AUGUST
 BARBECUE
 BASEBALL
 BEACH
 CAMPING
 GARDEN
 HOT DOGS
 ICE CREAM

OUTSIDE
 PICNIC
 POPSICLE
 SUN
 TRAVEL
 VACATION
 WATERMELON
 SWIMSUIT

SUMMER QUOTES

Ah, summer, what power you have to make us suffer and like it. ~Russel Baker

The summer night is like a perfection of thought. ~Wallace Stevens

Deep summer is when laziness finds respectability. ~Sam Keen

Being a child at home alone in the summer is a high-risk occupation. If you call your mother at work thirteen times an hour, she can hurt you. ~Erma Bombeck

Rest is not idleness, and to lie sometimes on the grass on a summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time. ~John Lubbock

Summer is the time when one sheds one's tensions with one's clothes, and the right kind of day is jeweled balm for the battered spirit. A few of those days and you can become drunk with the belief that all's right with the world. ~Ada Louise Huxtable

Heat, ma'am! it was so dreadful here, that I found there was nothing left for it but to take off my flesh and sit in my bones. ~Sydney Smith

Love is to the heart what the summer is to the farmer's year - it brings to harvest all the loveliest flowers of the soul. ~Author Unknown

ABOUT THE ATRIUM

The **Atrium** offers a warm, cheerful environment for persons needing personal assistance in activities of daily living. A concerned and competent staff provides personal care to all residents.



A Choice Community
216 Main Street • Johnstown, PA 15901
814.535.5347 • fax: 814.539.4460

The Atrium Offers...

- Convenient Downtown Location
- Access to CamTran
- Air-Conditioned Facilities
- Private & Semi-Private Rooms available
- Assistance with Bathing, Dressing, Grooming, Medications
- Housekeeping and Laundry Service Included
- On-Site Hair Salon
- Respite Services
- Monthly Newsletter
- Monthly Birthday Party and Shopping
- Private, On-Site Parking



CURRENT RESIDENT

