

Atrium News



A Choice Community / A Personal Care Community

February 2012

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About the Atrium

ATRIUM SPOTLIGHT: SHERRY FLEEGLE, DRCS!



Above: Always with a warm smile, Sherry takes a moment for the camera.

We here at The Atrium would like to take this opportunity to formally introduce our new Director of Resident Care Services, Sherry Fleegle!

Born and raised in Windber, Pennsylvania, Sherry was taught from a young age how important it is to care for those around her. She was raised to, "Always give what you can, because someone may need it more than you at this every moment."

With that idea as her guide, Sherry pursued her lifelong dream of helping people and became a nurse.

Sherry spent 25 years working in Critical Care and as an Emergency Room nurse for Windber Hospital be-

fore spending some time working in Urgent Care in Westmont. Most recently, Sherry served as the Operational Supervisor at the American Red Cross where she managed staff with the collection of platelets and plasma for five different centers.

Not one to rest on her laurels, Sherry is even now pursuing her Masters degree in Psychology at Duquesne University on a part time basis.

In her free time, Sherry enjoys traveling and has currently seen 49 of the 50 states! "The only state I haven't seen is Hawaii." Of all of the states she's seen,

Sherry's favorite is Alaska, to which she plans to return in 2013. She even recently had the opportunity to take her dream trip and see Ireland (I'm not going to even try to hide my jealousy on this one!).

Sherry is very proud to be the mother of two beautiful children— a son who works for WJAC news, and a daughter who works in the lab at the American Red Cross.

Sherry is also the proud mom of some four legged children— two Yorkies, and a Chocolate Lab. Her love of animals stems back to the years she spent on her Grandparent's farm which she inherited in 2002.

Sherry has been told that she has a Will Roger's philosophy towards life, saying, "I have never met someone I didn't like!" She is happy to be able to say that this motto has served her well and has blessed her with a vast number of friends.

With her sunny disposition and ever present smile, we're happy to be able to welcome Sherry into our Atrium family. If you can, stop down and say hello sometime— you won't regret it!

SPECIAL EVENTS AT THE ATRIUM

Worship Schedule

SUNDAY CHURCH SERVICE

On Sunday, there are church services on TV, and Eucharistic ministers Mr. & Mrs. Podrasky will be available for private communion and ministry services as needed.

Also, Pastor Mains will be here from the Fountains of Life church every other Sunday to conduct services.

CATHOLIC MASS

Catholic Mass is celebrated each Monday in the Main Lounge.

February 6th - Fr. Nicholas 10:00

February 13th - Fr. Crookston 1:30

February 20th - Fr. Thomas 1:30

February 27th - Fr. Bernard 10:00

PRAYER CIRCLE

Prayer Circle is held every Tuesday in the Main Lounge at 10:00 AM. Prayer Circle is led by our Activities Department.

ROSARY

Rosary Service is held every Wednesday in the Annex Dining Room at 10:00 AM. Led by Frank Demko.

PRAYER SERVICE

Prayer Service is held every Thursday morning in the Main Lounge.

February 2nd - Deacon Mart 2:30

February 9th - Rev. Bob 1:30

February 16th - Deacon Mart 2:30

February 23rd - Chaplain Jones 10:30

MARK YOUR CALENDAR!!

SHOPPING DAYS

Twice a month, Kevin will go out and buy whatever it is that you need. He will only be shopping on **THOSE TWO DAYS**, for residents that **have their own money**, so please plan ahead.

Weekly Events: *Exercise is EVERY morning*

- Monday: Mass, Celebrity Memory, Cash Bingo, Annex Menus
- Tuesday: Nail & Spa, Bean Bag Toss, Prayer Circle, Penny Ante, Charades
- Wednesday: Parachute Play, Rosary, Crafts, Men's Poker Club
- Thursday: Beach Ball Play, Reading Group, Crafts, Prayer Service, Prize Bingo
- Friday: Laughter Yoga, Big Word Game,
- Saturday: Games in the Lounge, Coffee Club, Movie in the Lounge
- Sunday: TV Mass in the Lounge, Eucharistic Ministers, Movie in the Annex, Church Service w/ Pastor Mains

SPECIAL EVENTS

- 1st Freedom Day Discussion w/ Lois, Ballroom Dancers
- 2nd Groundhog Day
- 3rd Communion, Atrium Football Tryouts
- 5th Atrium Football League, Superbowl Party
- 7th Violin w/ Sarah Minnick
- 8th Poetry w/ Kevin
- 10th Bible Study w/ Fr. Nicholas
- 12th Prayer Service
- 13th Hand Massage, Table Ball
- 14th Valentine Card making, Sweetheart's Ball, Shopping Day
- 15th Treasure Hunt, Senior Wellness Day
- 17th Music w/ Kevin
- 18th Ezekial Visits
- 20th Hand Massage, Table Ball
- 21st Mardis Gras Lunch w/ Benjamen Gerideau
- 22nd Ash Wednesday, Poetry w/ Kevin
- 23rd Senior Serenaders, Bingo w/ Grane Hospice
- 24th Celebration of Life Party w/ John Wolf
- 26th Family & Friends Appreciation Dinner, Prayer Service
- 28th Shopping Day
- 29th Residential Council Meeting, Treasure Hunt, Music w/ Pat

BIRTHDAYS, FRIENDS, CELEBRATIONS, & MORE!



February is famous for Valentine's Day, a day of remembering the ones we love and those who are dearest to us. It is a time to reflect on and appreciate the people that have a special place in our heart. That being said, we cannot let February go by without saying how much we appreciate our own Residents and Families for entrusting themselves, and their loved ones, into our care here at The Atrium.



I have been her for nearly a year now and I observe many wonderful things that have transpired among the staff, residents and our families and visitors. We love having families visit us and spend their time with their loved one or friend. Our friends and families help make The Atrium known in a positive light in the local community by the kind words they say about us. If we don't get something right, we appreciate the feedback from them as well and hope we are given the opportunity to correct a wrong with a right.

Later this month, we will be hosting a Friends and Family Dinner to show our appreciation. I hope you can attend this event. Thank you again, Friends and Families of The Atrium, A Choice Community, for your support! We love you!

Warmest regards,
Paula Bracken,
 Administrator

The Atrium, along with
 Medi Home Health,
 will feature
 a presentation on:
 "Love Your Heart!
 Part of the
 Senior Wellness Day Series
 Wednesday,
 February 15th,
 2 pm
 The Atrium
 Main Lounge - Downtown

PUBLIC WELCOME!



FEBRUARY BIRTHDAYS

John Merx	1st
Rev. William Seals	2nd
Madeline Lesosky	10th
Tony Trio	13th
Andrea Schuster	22nd
Francis Freidhoff	23rd
Joseph Hanzek	23rd
Benjamin Hare	23rd
Fr. Benjamin Dykus	28th
Martha Mactavish	28th

STAFF BIRTHDAYS

Stephanie Conner	7th
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HAPPY
 VALENTINE'S DAY
 from
 THE ATRIUM!



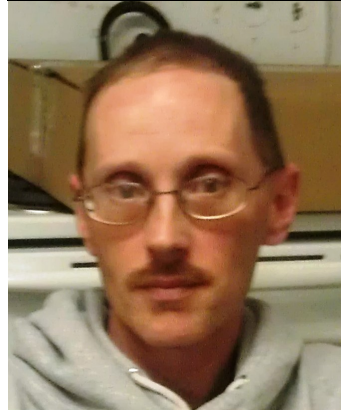
NEWS, NOTES, & ANNOUNCEMENTS



Be Safe!

The Atrium would like to take this moment to remind all residents that lock boxes are available for their rooms, and that we encourage everyone to not leave valuables lying around in the open. If anyone would like, we also have a safe that can be used to lock up any valuables you may not wish to keep in your room.

NEW FACES!



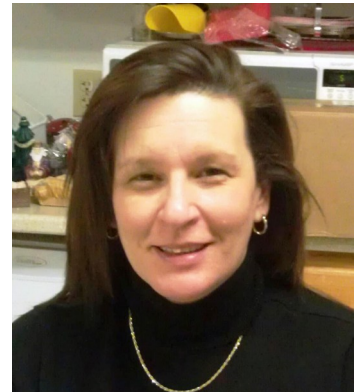
DON SCHREFFLER, LPN



SHERRY FLEEGLER, DRCS

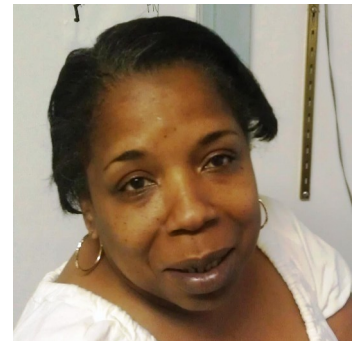


DWIGHT GIBSON, PCA



MARCY NAUGLE, LPN

**WELCOME
TO
THE ATRIUM!**



MADELYNN ROHN, PCA

As our way of saying thank you for your support, The Atrium is glad to announce our annual

Friends and Family Appreciation Dinner

Sunday, February 26th at 12:00 pm.

The menu will include linguini with red sauce or alfredo, salad, rolls, and red velvet cake for dessert!

Please RSVP by Monday, February 20th with how many will be attending.

There is no cost associated with this meal.



Valentines Word Search

U M C P I N K H Q P V W
 V J U Q H R S G K A J P
 V J P P Z E P E L E T F
 K P I H S D N E I R F S
 R S D O N I N T A O E R
 Y N R V M T E E Y M C O
 E O D E I E H R D A A M
 N B B N W T J D N R L A
 O B E S E O D D A R L N
 H I R E T A L O C O H C
 A R W M C E Y F V W J E
 N S A Y S T E E W S S P



- | | | |
|-----------|------------|------------|
| ARROW | FRIENDSHIP | RIBBONS |
| BE MINE | HEART | ROMANCE |
| CANDLES | HONEY | ROSES |
| CANDY | LACE | SWEETHEART |
| CHOCOLATE | LOVE | SWEETIE |
| CUPID | PINK | SWEETS |
| FLOWERS | RED | VALENTINE |

LOVE QUOTES

When love is not madness, it is not love.

~Pedro Calderon de la Barca

Gravitation is not responsible for people falling in love.

~Albert Einstein

I don't understand why Cupid was chosen to represent Valentine's Day. When I think about romance, the last thing on my mind is a short, chubby toddler coming at me with a weapon.

~Author Unknown

You have to walk carefully in the beginning of love; the running across fields into your lover's arms can only come later when you're sure they won't laugh if you trip.

~Jonathan Carroll

We are all a little weird and life's a little weird, and when we find someone whose weirdness is compatible with ours, we join up with them and fall in mutual weirdness and call it love. ~Author Unknown

Love is a smoke made with the fume of sighs.

~William Shakespeare

Love is an irresistible desire to be irresistibly desired.

~Robert Frost

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

~1 Cor 13:4-7

ABOUT THE ATRIUM

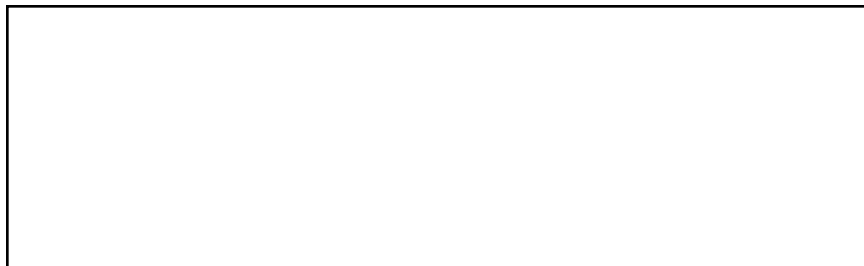
The **Atrium** offers a warm, cheerful environment for persons needing personal assistance in activities of daily living. A concerned and competent staff provides personal care to all residents.



A Choice Community
216 Main Street • Johnstown, PA 15901
814.535.5347 • fax: 814.539.4460

The **Atrium** Offers...

- Convenient Downtown Location
- Access to CamTran
- Air-Conditioned Facilities
- Private & Semi-Private Rooms available
- Assistance with Bathing, Dressing, Grooming, Medications
- Housekeeping and Laundry Service Included
- On-Site Hair Salon
- Respite Services
- Monthly Newsletter
- Monthly Birthday Party and Shopping
- Private, On-Site Parking



CURRENT RESIDENT

