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## RESIDENT SPOTLIGHT: JOHN MERX!



*At left: John smiles as he enjoys watching the action out front of our home.*

get on the dance floor. By the time I graduated from high school, she offered me \$10 to get off of it!"

John Merx is a brand new resident to our community, and you couldn't ask for a nicer guy.

Born in 1921, John grew up in our area and attended Bishop McCort High School. While there, he learned how to play clarinet and developed a life-long love of classical music. He was also quite the dancer! Says John, "When I started high school, my mom offered me \$5 to

Speaking of school dances, John was also quite the ladies man in his hay day. One year, he went to the Junior Prom AND the Senior Prom with two different ladies!

John moved to Pittsburgh years later and spent thirty-four years there working as an underwriter for an insurance company, a job he greatly enjoyed.

While never playing sports himself, his years spent in

Pittsburgh had a healthy effect on him and turned him into a Steelers fan. He also enjoyed going to the zoo, and Kennywood— his favorite spot.

Another activity John enjoyed was camping. He remembers one time when he, "...went camping with three other couples, and the girls took turns cooking. One night, the girl who was in charge of cooking went to rinse off the ground beef and instead washed it all down the drain!" I guess they went hungry that night!

Nowadays, you can most often find John in our main activities room, keeping an eye on what's going on out in front of the building. He also enjoys watching the Lawrence Welk show Saturday night. Stop by and see him!

# SPECIAL EVENTS AT THE ATRIUM

## Worship Schedule

### SUNDAY CHURCH SERVICE

Sunday Church Service will be postponed for the remainder of the summer as Pastor Mains is unavailable. There are church services on TV, and Eucharistic ministers Mr. & Mrs. Podrasky will be available for private communion and ministry services as needed.

### CATHOLIC MASS

Catholic Mass is celebrated each Monday in the Main Lounge.

<b>SEPTEMBER 6</b>	Labor Day: No Mass
No Mass	
<b>SEPTEMBER 13</b>	Fr. Thomas
1:30 p.m.	
<b>SEPTEMBER 20</b>	Fr. Anthony
10 a.m.	
<b>SEPTEMBER 27</b>	Fr. Bernard
10 a.m.	

### PRAYER CIRCLE

Prayer Circle is held every Tuesday in the Main Lounge at 9:30 AM. Prayer Circle is led by our Activities Department.

### ROSARY

Rosary Service is held every Wednesday in the Annex Dining Room at 10 AM. Led by resident Anna Frances Kist.

### PRAYER SERVICE

Prayer Service is held every Thursday morning in the Main Lounge.

<b>SEPTEMBER 2</b>	Pastor King
10:00 a.m.	
<b>SEPTEMBER 9</b>	Pastor Rowland
10:30 a.m.	
<b>SEPTEMBER 16</b>	Prayer w/ Kevin Bean
10:30 a.m.	
<b>SEPTEMBER 23</b>	Pastor Byrd
10:30 a.m.	
<b>SEPTEMBER 30</b>	Pastor Vaughn
10:30 a.m.	

## MARK YOUR CALENDAR!!

We've got some great things coming up this month, so make sure you don't miss them!

### \*\*\*SHOPPING DAYS\*\*\*

Twice a month, I will go out and buy whatever it is that you need on a shopping day. I will only be shopping on **THOSE TWO DAYS**, so please plan ahead. I will also only buy items for residents **who have their own money**. Money and lists must be provided prior to me leaving.

### Regular Events:

**Mondays:** Mass, Bingo, Coffee Clutch, Annex Menu Day

**Tuesdays:** Prayer Service, Nail & Spa, Music w/ George, Bocce Ball

**Wednesdays:** American Bandstand, Rosary, Laughter Club, Art Class w/Alan, Big Word Game, Main Menu Day

**Thursdays:** Beach Ball Toss, Prayer Service, Prize Bingo, Men's Poker Club, Words and Pictures w/ Alan

**Fridays:** Chair Aerobics, Arts and Crafts, Alan's Dance Party

### Special Events:

September 7th Fishing Trip  
Craft with Melissa from Pampered Patients  
Cloud of Grace

September 8th Ballroom Dancers

September 15th Senior Wellness Day

September 17th Golden Strutters

September 18th Ezekial Visits  
Staff Picnic

September 20th Paul Stephenson

September 22nd Music w/ Kevin

September 24th Resident Council Meeting  
Harvest Ball w/ Ben

September 29th Music w/ Pat

September 30th Senior Serenaders

# BIRTHDAYS, FRIENDS & CELEBRATIONS

PLEASE WELCOME PAM ALBUS  
DIRECTOR OF RESIDENT CARE!



Hello Everyone, I wanted to say it is a pleasure to be working at The Atrium and I look forward to getting to know each of you. It will be my honor to meet everyone. Please feel free to call me if I can be of service to you or your loved one.

## SEPTEMBER!!



The Atrium will feature  
a presentation on:

**“OH, MY ACHIN’  
BACK!”**

Part of the  
**Senior Wellness Day Series**  
**Wednesday, September 15th**  
**2:00 - 4:00 p.m.**

**The Atrium**

**Main Lounge - Downtown**

**Free Parking and Refreshments**

(Topic is being repeated due to an unforeseen cancellation to last month’s Senior Wellness Day event.)

**PUBLIC WELCOME!**

**RSVP: 535-5347**



## SEPTEMBER BIRTHDAYS!!!

Sophie Beroldi - September 6th  
Mary Bewak - September 7th  
Michael Mateljan - September 30th

## STAFF BIRTHDAYS!!!

Jaquell Brinkley - September 16th  
Wilma Maxwell - September 21st  
Denise Schropp - September 27th

Welcome to our new residents!!

**John Regula**  
**Robert Skelly**  
**John Merx**  
**Mary Hower**  
**Lottie Piurkowsky**



1st Annual Catholic War  
Veterans Yuengling Cup  
Golf Scramble



The North Folk Country Club is  
hosting a Four Man Scramble golf tournament to benefit  
The Atrium and the CWV. The event will take place on  
October 2nd, starting at 10 am with a shotgun start.  
Bring your own team.

Registration is \$50 per person, and includes green fees,  
cart, beverages, and a buffet  
dinner at the CWV. Call Eric Heptner at  
814-421-6900 or stop in to the CWV at  
128 Jackson St., Johnstown to register.

## ACTIVITY NEWS



*Above: Joe Zahorak poses for a picture during our Walk the Line carnival.*

Wow— what an exciting month it’s been! Perhaps the biggest event for us was a road trip! We managed to take a trip to the Point Stadium to watch a game during the Johnstown AAABA tournament. Piling in the van,

tournament. Piling in the van, we took a short drive over (and a long drive back, much to the chagrin of the residents who had fun teasing Kevin for his lack of knowledge of Johnstown roads), and got settled in to watch a great game between

hometown favorites Johnstown Delweld and the team from Buffalo. Delweld came away with the victory, and we all went home with hotdogs in our bellies and smiles on our faces.

Aside from taking them out to the ballgame, we had

lots of fun at the Medi Home Health Care run Walk the Line Carnival. Residents took place in various games designed to test their mobility and reflexes, while enjoying some great country music performed by The Atrium’s Activity Director, Kevin Bean. Everyone had a great time dressing in Western gear, and eating a delicious Western style lunch, courtesy of our Dietary Director Eric Heptner.

Overall, it was a great month for music and performances. Aside from Kevin belting out country tunes with his guitar, we also celebrated National Elvis Presley Week by bringing in local Elvis impersonator Jack Labarko, who got us all shook up by loving us tender on his way to Graceland.

We made sure not to step on his blue suede shoes.

It was also a great month for food! August 4th was National Chocolate Chip Day and we celebrated by baking some delicious chocolate chip cookies. The ladies had a great time that day measuring, mixing, scooping and dumping all of the different ingredients for the cookies— that’s right, we cook from scratch in Kevin’s Kitchen! When they came out of the oven, everyone wanted to know what smelled so good. You should have seen how proud they were enjoying their cookies warm and fresh out of the oven with a cold glass of milk on the side! We can’t wait for next month!



*At left: Francis Demko, Ermino Ercole, and Herb Kist enjoy the AAABA tournament at Point Stadium!*



*Above: Julie DiBuono dances with residents Emma Parker and Joe Hanzek while “Elvis” sings them a song in celebration of National Elvis Presley Week.*

# Autumn Word Search



M	B	U	L	G	N	K	G	X	U
E	T	E	S	O	J	O	S	O	E
V	O	W	S	Z	C	L	P	R	A
P	D	A	D	Q	E	K	I	I	Y
I	E	L	L	A	F	F	V	E	U
S	Q	G	L	Q	N	A	L	P	R
N	I	Q	N	O	W	L	I	A	I
N	W	W	B	U	O	C	K	Y	M
J	G	O	Y	W	E	E	H	M	Q
L	U	I	R	N	M	U	T	U	A
F	D	E	R	B	M	U	J	H	F
Y	A	L	T	S	E	V	A	E	L

autumn  
fall  
season  
leaves  
brown  
yellow  
red  
rake  
bonfire  
leaves



## FUN FALL QUOTES

Autumn is a second spring where every leaf is a flower.  
**Albert Camus**

No Spring nor Summer Beauty hath such grace As I have seen in one Autumnal face.  
**John Donne**

Autumn, the year's last, loveliest smile.  
**William Cullen Bryant**

Winter is an etching, spring a watercolor, summer an oil painting and autumn a mosaic of them all.  
**Stanley Horowitz**

I cannot endure to waste anything as precious as autumn sunshine by staying in the house. So I spend almost all the daylight hours in the open air.  
**Nathaniel Hawthorne**

Every leaf speaks bliss to me, Fluttering from the autumn tree.  
**Emily Bronte**

Fall is my favorite season in Los Angeles, watching the birds change color and fall from the trees.  
**David Letterman**

Youth is like spring, an overpraised season more remarkable for biting winds than genial breezes. Autumn is the mellower season, and what we lose in flowers we more than gain in fruits.  
**Samuel Butler**

Autumn burned brightly, a running flame through the mountains, a torch flung to the trees.  
**Faith Baldwin**

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# ABOUT THE ATRIUM

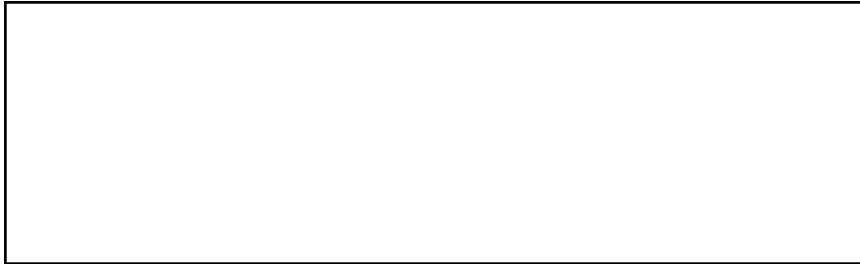
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*The Atrium is a personal care home dedicated to assisting our residents on their journey through the "circle of life" with enhanced and individualized services. We are conveniently located in downtown Johnstown. We offer:*

*The Atrium*  
A Choice Community



- Air conditioned facilities;
- Private rooms with private baths;
- 24 hour in-house nursing service;
- Delicious meals served in our elegant dining rooms and nutritious snacks available 24 hours per day;
- House keeping and laundry services;
- A variety of daily activities and social programs;
- In house beauty/barber shop;
- In-house weekly religious services;
- 24-hour security;
- Assistance with daily living needs such as bathing, grooming, dressing and medications.
- Much, much more!



**CURRENT RESIDENT**

*The Atrium...A Choice Community*  
Not-For-Profit Organization  
216 Main Street  
Johnstown, Pa. 15901  
Phone: 814-535-5347  
www.theatriumcommunity.com