

Atrium News



A Choice Community / A Personal Care Community

SEPTEMBER 2011

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About the Atrium

ATRIUM SPOTLIGHT: FALL FESTIVAL!



Above, from left: Caleb, Laurel, and Cecilia Bean have fun with Wilda the Clown at last year's Fall Festival.

Well, I know I'm jumping the gun a bit with this since it's only September, but on October 1st we here at the Atrium will be celebrating all of the hard work our staff does by throwing a Fall Festival in their honor.

We had a lot of fun at last year's festival, with great food, and a chance for the kids to run and play some games, as well as

paint pumpkins, see a magic show, and get their faces painted.

This year we'd like to build on our success by adding in some new games for the kids to enjoy, and also throwing in a few twists for the staff! There will be fun and games for everyone with music, mag-

ic, and maybe a chance to even have a little fun at the expense of the management!

One thing I'm particularly excited about is the addition of an apple pie contest! Hey staff, do you think your pie has what it takes to stack up against the competition? Do you have a secret ingredient to impress our special celebrity judges? Well, you had better bring your A game, because prizes will be awarded for 1st, 2nd, and 3rd place and you're not going to want to miss out!

Cheers to our great Atrium staff!

Denise and the rest of the amazing staff in our housekeeping department have been keeping track of all of the unmarked items of clothing that find their way down to the laundry room and are having **Lost and Found Days from September 2-5 in the Main Lounge**. Please come down to peruse the items of clothing we have and see if any of them belong to your loved one.

SPECIAL EVENTS AT THE ATRIUM

Worship Schedule

SUNDAY CHURCH SERVICE

On Sunday, there are church services on TV, and Eucharistic ministers Mr. & Mrs. Podrasky will be available for private communion and ministry services as needed.

CATHOLIC MASS

Catholic Mass is celebrated each Monday in the Main Lounge.

September 5th - Fr. Anthony	10:00
September 12th - Fr. Crookston	1:30
September 19th - Fr. Thomas	1:30
September 26th - Fr. Bernard	10:00

PRAYER CIRCLE

Prayer Circle is held every Tuesday in the Main Lounge at 10:00 AM. Prayer Circle is led by our Activities Department.

ROSARY

Rosary Service is held every Wednesday in the Annex Dining Room at 10:00 AM. Led by Frank Demko.

PRAYER SERVICE

Prayer Service is held every Thursday morning in the Main Lounge.

September 1st - Deacon Mart	2:30
September 8th - Rev. Bob	1:30
September 15th - Deacon Mart	2:30
September 22nd - Chaplain Elizabeth	1:30
September 29th - Deacon Mart	2:30

MARK YOUR CALENDAR!!

SHOPPING DAYS

Twice a month, Kevin will go out and buy whatever it is that you need. He will only be shopping on **THOSE TWO DAYS**, for residents that **have their own money**, so please plan ahead.

Weekly Events: *Exercise is EVERY morning*

Monday:	Mass, Cash Bingo, Modern Movie Monday, Annex Menu Day
Tuesday:	Reading Group, Prayer Circle, Coffee & News, Nail & Spa Time
Wednesday:	Balloon Bounce, Rosary, Monopoly, Pokeno, Men's Poker Club, Main Menu Day
Thursday:	Bean Bag Toss, Reading Group, Prayer Service, Prize Bingo, Treasure Hunt
Friday:	Yahtzee!, Crafts w/ Lois, Happy hour, Free Play
Saturday:	Games in the Lounge, Coffee Club
Sunday:	TV Mass in the Lounge, Eucharistic Ministers, Steelers Football

SPECIAL EVENTS

1st	Telephone Game, Tennis w/ Paula vs. Kevin *SHOPPING DAY*
2nd	Communion w/ Fr. Arnone
5th	HAPPY LABOR DAY!
6th	Inspirational Poetry
7th	Black Jack
9th	Bible Study w/ Fr. Nicholas
11th	Grandparent's Day
12th	Casino Night
13th	Uncle Sam Day
14th	Ballroom Dancers
15th	Bingo w/ Grane Hospice *SHOPPING DAY*
16th	Oktoberfest
17th	Ezekial Visits
19th	Retired Men's Chorus
20th	Fishing Trip
21st	Senior Wellness Day w/ Medi Home Hospice
23rd	Checkers Tournament, Native American Crafts
26th	Johnny Appleseed Day, Cloud of Grace
27th	Facials
28th	Black Jack
29th	Residential Council Meeting *SHOPPING DAY*
30th	Celebration of Life Party w/ John Wolf

BIRTHDAYS, FRIENDS, CELEBRATIONS, & MORE!

PAULA'S POST

Autumn is on its way this month starting officially on September 23rd. I like to think of autumn as another new beginning. School has started everywhere from preschool to college. Some people begin new commitments like continuing education classes, or exercise programs. Others continue their home improvement projects, like landscape work, or indoor work like painting projects or interior decorating.

We at the Atrium will be continuing some large capital improvement projects which will include some fresh interior decorating this fall. We are doing some painting in the Main building and new window treatments in the common areas as well as some new furniture purchases. We will also be implementing other capital projects that involve improved safety measures for the Atrium residents and staff. Please bear with us during this time of change and improvement. You may have also noticed that we have a new Logo for the Atrium that I think better reflects the concept of the interior "atrium" we have with our skylights. We will be planning a planting party to bring in new plants for the Atrium planters on 2nd and 3rd floors that you may want to be a part of. If you would like to see the paint colors or fabrics we have chosen to beautify the Atrium, please stop by the front office and I would be glad to show you.

I hope you enjoy this autumn and the many changes we have occurring here.

Paula Bracken,
Administrator



The Atrium, along with
Medi Home Health,
will feature
a presentation on:
"Staying on Your Feet as
Summer Turns to Fall"
Part of the
Senior Wellness Day
Series
Wednesday,
September 21st,
2 pm
@ The Atrium

PUBLIC WELCOME!



SEPTEMBER BIRTHDAYS

Sophie Beroldi	6th
Ilene Wissinger	24th
Michael Mateljan	30th

STAFF BIRTHDAYS

Jaquell Brinkley	16th
Wilma Maxwell	21st
Katie Gressick	27th
Denise Schropp	27th
Michele Ramsdorfer	29th

We Care



NEWS

ACTIVITY NEWS



Above: (Clockwise from top left) Christine Blasko, Joe Zahurak, Kevin Bean, Judy Birtle, Bob Skelly, and Frank Demko take in a ball game.

I know I say this every month, but August really was a fun, fun month around here. We enjoyed some great summer food based holidays

like National Ice Cream Sandwich day, and National Banana Split day by whipping up some of the classics (I'll bet you can guess which ones). Everyone enjoyed that, you can be sure! We even tied the banana splits into bingo—do we know how to design

an activity, or what?

Following the food theme, we got a little impatient at the beginning of the month waiting for our tomatoes to turn red, so we went ahead and picked them early. Lois taught us how to make fried green tomatoes (a skill I quickly employed at my own

counting it.

Aside from having fun with food, we took a trip over to the Point stadium and caught the Johnstown vs. Johnstown AAABA baseball game. Guess what? Johnstown won! Who knew? The weather couldn't have been more beautiful, and everyone enjoyed



Above: We couldn't wait for them to turn red, so we picked a few tomatoes early and made fried green tomatoes. Yum!!



Above: (Clockwise from the beach ball) Christine Blasko, Lois Holiday, Margaret Dodson, Beatrice Klein, Louise Paige, Gladys Blackburn, Julie DiBuono, and Emma Parker have a ball.

house) which we gobbled up in no time flat. I chipped in by whipping up some sugar free no bake cookies for everyone to enjoy, and Julie helped them celebrate National Peach Pie day by making...peach scented potpourri pies as a craft activity. It's not food, but it looked like food, so we're

the sights and sounds of the ball park.

Not ones to rest on our laurels we went over the Inclined Plane and grabbed some ice cream. What kinds of mischief will we get ourselves into this month? Stay tuned everyone, and don't be afraid to stop down and have some fun with us!

OCCUPATIONS WORD SEARCH

C A R P E N T E R I P V G G
 H P C R I T H E G C E Z L S
 E M A C H I N I S T P S L Q
 F L Q Q O G H A C G Z N P O
 O I K K I U B O O B G B F D
 T F R S S T N S Y F D L N K
 E P E E L E C T R I C I A N
 A D L B F K M U A K V V Z K
 C T I U K I N U D N C K T Y
 H A T T M P G M S A T L T V
 E W L O O B K H K I V W F P
 R Q J H R R E I T S C N A W
 H K V B C N U R S E O I S K
 F P O L I C E M A N R R A I
 G D D W D P H Y S I C I A N

AUTUMN
 QUOTES

Autumn is a second spring
 when every leaf is a
 flower.
 ~Albert Camus

Winter is an etching, spring a
 watercolor, summer an oil
 painting and autumn a mosaic
 of them all.
 ~Stanley Horowitz

No spring nor summer beauty
 hath such grace
 As I have seen in one
 autumnal face.
 ~John Donne

Youth is like spring, an over
 praised season more remarka-
 ble for biting winds than geni-
 al breezes. Autumn is the mel-
 lower season, and what we
 lose in flowers we more than
 gain in fruits.
 ~Samuel Butler

Everyone must take time to sit
 and watch the leaves turn.
 ~Elizabeth Lawrence

Delicious autumn! My very
 soul is wedded to it, and if I
 were a bird I would fly about
 the earth seeking the succes-
 sive autumns.
 ~George Eliot

I cannot endure to waste any-
 thing as precious as au-
 tumn sunshine by staying in
 the house.
 So I spend almost all the day-
 light hours in the open air.
 - Nathaniel Hawthorne

"The leaves fall, the wind
 blows, and the farm country
 slowly changes from the sum-
 mer cottons into its winter
 wools."
 - Henry Beston

WORD LIST

- ACCOUNTANT
- ATTORNEY
- CARPENTAR
- CHEF
- DESIGNER
- EDITOR
- ELECTRICIAN
- FIREFIGHTER
- MACHINIST
- MUSICIAN
- NURSE
- PHYSICIAN
- PLUMBER
- POLICEMAN
- TEACHER

ABOUT THE ATRIUM

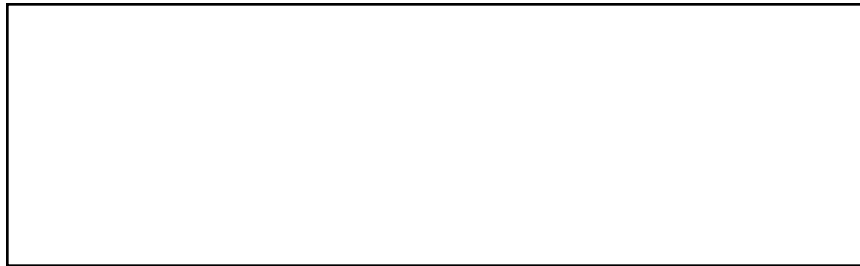
The **Atrium** offers a warm, cheerful environment for persons needing personal assistance in activities of daily living. A concerned and competent staff provides personal care to all residents.



A Choice Community
216 Main Street • Johnstown, PA 15901
814.535.5347 • fax: 814.539.4460

The Atrium Offers...

- Convenient Downtown Location
- Access to CamTran
- Air-Conditioned Facilities
- Private & Semi-Private Rooms available
- Assistance with Bathing, Dressing, Grooming, Medications
- Housekeeping and Laundry Service Included
- On-Site Hair Salon
- Respite Services
- Monthly Newsletter
- Monthly Birthday Party and Shopping
- Private, On-Site Parking



CURRENT RESIDENT

