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About the Atrium

INTRODUCING MARGARET DODSON



Above: Margaret works on one of her favorite puzzles.

Margaret's life these days is one puzzle after another, and no one is better than her at putting the pieces together.

You can find Margaret most days masterfully crafting puzzles on the second floor. If you ask her which is her favorite, she'll tell you it's the oval shaped "finch" puzzle, although due to the beauty and complexity of her current project, she may have a new favorite soon.

Born in

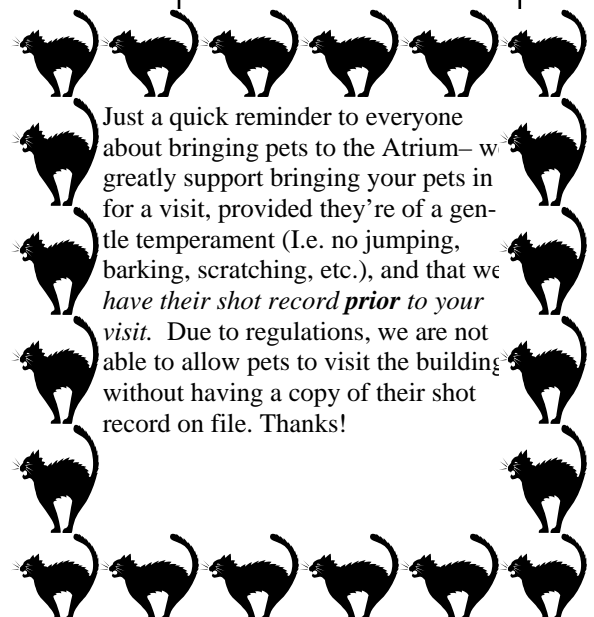
Somerset county, Margaret spent many of her younger days working in a shoe factory that made shoes for the US military. Her title there was,

"Government Shoe Inspector." Margaret was responsible for finding any mistakes in the shoes in an effort to make sure the shoes would pass a US Government inspection. Some days she would have to stay late at work just to make sure the shoes would pass the test.

It is most likely this job that gave Margaret the patience and attention

to detail she still uses today to put together the immensely complex and challenging puzzles that she does today.

Margaret is very proud of the work she does, as well as being a mother, grandmother, and great-grandmother. Why don't you stop by the second floor sometime and see this amazing woman and her wonderful creations?



Just a quick reminder to everyone about bringing pets to the Atrium— we greatly support bringing your pets in for a visit, provided they're of a gentle temperament (I.e. no jumping, barking, scratching, etc.), and that we *have their shot record prior to your visit*. Due to regulations, we are not able to allow pets to visit the building without having a copy of their shot record on file. Thanks!

SPECIAL EVENTS AT THE ATRIUM

Worship Schedule

SUNDAY CHURCH SERVICE

For Sunday, there are church services on TV, and Eucharistic ministers Mr. & Mrs. Podrasky will be available for private communion and ministry services as needed.

**** ATTENTION: Due to the Holiday Season, Clergy Members have been more difficult than usual to schedule. We will do our best to have them here for our regularly scheduled services.**

CATHOLIC MASS

Catholic Mass is celebrated each Monday in the Main Lounge.

January 3rd - Fr. Anthony -	10:00
January 10th - Fr. Thomas -	1:30
January 17th - Fr. Crookston -	1:30
January 24th - Fr. Bernard -	10:00
January 31st - Fr. Stanko -	10:00

PRAYER CIRCLE

Prayer Circle is held every Tuesday in the Main Lounge at 10:00 AM. Prayer Circle is led by our Activities Department.

ROSARY

Rosary Service is held every Wednesday in the Annex Dining Room at 10:00 AM. Led by resident Anna Frances Kist.

PRAYER SERVICE

Prayer Service is held every Thursday morning in the Main Lounge.

January 6th - TBA -	10:30
January 13th - Rev. Bob Cornman -	1:30
January 20th - TBA -	10:30
January 27th - Rev. Wagner	10:30

MARK YOUR CALENDAR!!

SHOPPING DAYS

Twice a month, Kevin will go out and buy whatever it is that you need. He will only be shopping on **THOSE TWO DAYS**, so please plan ahead. He will also only buy items for residents **who have their own money.**

Weekly Events:

- Monday: Mass, Cash Bingo, Movie in the Lounge
- Tuesday: Prayer Circle, Nail & Spa, Games in the Lounge
- Wednesday: Rosary, Treasure Hunt, Words & Pictures, Art Class w/ Alan
- Thursday: Prayer Service, Prize Bingo, Men's Poker Club
- Friday: Pinochle Club
- Saturday: Televised Sports in the Annex, Movie in the Main Lounge
- Sunday: TV Mass in the Lounge, Eucharistic Ministers

Special Events for January:

- Jan. 5th: Music w/ Kevin**
- Jan. 7th: Karaoke w/ Larry Berkebile**
- Jan. 8th: NFL Wildcard Playoffs**
- Jan. 9th: NFL Wildcard Playoffs**
- Jan. 10th: Baking in the Kitchenette w/ Rahn**
- Jan. 12th: Ballroom Dancers**
- Jan. 13th: Arts & Crafts w/ Lois & Julie**
- Jan. 14th: Lou Stein & All That Jazz**
- Jan. 15th: NFL Divisional Playoffs**
- Jan 16th: NFL Divisional Playoffs**
- Jan. 17th: Baking in the Kitchenette w/Rahn, Retired Men's Chorus**
- Jan. 18th: Paul Stephenson**
- Jan. 19th: Senior Wellness Day**
- Jan 20th: Senior Serenaders**
- Jan 21st: Golden Strutters**
- Jan 23rd: NFL Conference Championships**
- Jan 25th: Cloud of Grace**
- Jan 26th: Music w/ Pat
- Jan 28th: Residential Council Meeting
Celebration of Life Party
w/Benjamin Gerideau

BIRTHDAYS, FRIENDS, CELEBRATIONS, & MORE!

PAMELA'S POST!

Happy New Year! Traditionally this is the time to make a New Year's Resolution...lose weight, spend more time with family and less time at work, stop smoking...just to name a few. And we all know it takes just a few days or a month and those resolutions go right out the window. I am no exception; I am lucky if I last a week.

The Atrium is beginning a new venture, a resolution to Customer Service and Appreciation. As part of that commitment we are inviting families to take part in establishing individualized Support Plans for their loved one. The plan evaluates the resident's status, reviews the overall plan of care, and is developed by a team. That team includes staff members but most importantly it includes the resident's family.

Support Plans are done yearly but can be done as the resident's condition changes or needs arise. Your input into the Support Plan is a beneficial asset to the resident's care. If you receive a letter of invitation please plan to attend. It will provide you with valuable information and gives us the opportunity to obtain your feedback.

The meetings are being held the first and third Tuesday of every month at 2pm beginning January 18, 2011. Watch for your invitation!

JANUARY



Happy New Year!
From the Atrium
WE CARE!!



The Atrium, along with
Medi Home Health,
will feature
a presentation on:
**"CARING FOR JOINTS
IN WINTER WEATHER"**
Part of the
Senior Wellness Day Series
Wednesday, January 20th,
2 pm
The Atrium
Main Lounge - Downtown

PUBLIC WELCOME!
RSVP: 535-5347

JANUARY BIRTHDAYS

Regina Pickerill - January 1
Harriet Mintmier - January 3
Thelma Betterman - January 10
John Kohan - January 14
Florence Wingard - January 18
Dorothy Shumaker - January 31

STAFF BIRTHDAYS

Dave Coleman - January 3
Anna Hamer - January 10
Barb Muzzie - January 25
Tonya McCray - January 28

ACTIVITY NEWS



Above: Santa holds his "bowl full of jelly" to make sure his stuffing doesn't fall out.

My goodness, what a month! December is always a tremendously busy time of the year here at the Atrium, and this December proved no exception.

Just to give you an idea of what we did, here's a short list of who came to entertain us: Medi Home Health, Grane Hospice,

Benjamin Gerideau, Sherry Lynn and Brian, Larry Berkebile, George Trovato, Pat Criswell, Polish Heritage Choir, Paul Stephenson, Mellow Cellos, the Barber Shop Singers, Senator John Wozniak, St. John's Cathedral Choir, St. Benedict's Choir, Lou Stein, and more!

On top of that add our regular schedule of men's poker club, prayer services, a new pinochle club, bingo, art class, music with Kevin, treasure hunt, baking, coffee clutch, etc. and you can see how we're all a little worn out around here by the holiday season.

Perhaps the most memorable moment this Christmas season, for me, came during a special prayer service we held. That day, I was blessed to be allowed to speak the Word for the residents. I was inspired

by resident Harry Shuster who provided us with tapes of him singing beautiful Christian music which we incorporated into the service.

It was a very special moment for all of us, particularly Harry who couldn't have been more proud. It reminded me of just how blessed all of us here are to be able to share the lives of such amazing people every day.

Still to come as of the time of this printing are a Christmas light tour around the area—we rented three vans to accommodate everyone who wanted to go—and our annual Noon-year's Eve party. Why a *noon* year's party? Well, as Bill Vaughn once said, "Youth is when you're allowed to stay up late on New Year's Eve. Middle age is when you're forced to." Isn't that the

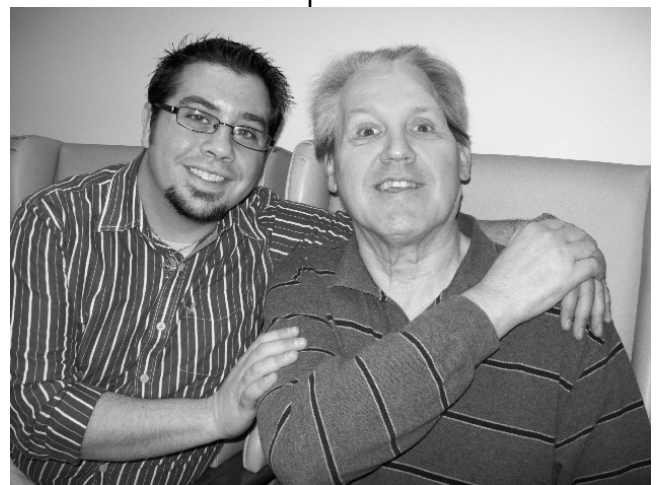


Above: Don "Santa" Haney finds out what Sherry Lynn wants for Christmas truth?

As we head into a new decade, it's important to remember how blessed we all are to have witnessed the decade of old. Though the days may have seen good times and bad, every day is another chance to live, learn, and love. May the coming year bring you good health and joy. Cheers from the Activity Department. Saluté!



Above: Senator John Wozniak (center) and friends join the Barber Shop Singers for some Christmas cheer.



Above: Kevin and Harry Shuster pose for a picture after a special prayer service where Harry blessed us with the gift of song.

FIND ALL OF THE WORDS LISTED BELOW

ICE FIREPLACE STREAMER SNOW WINTER

NOISE MAKERS MITTENS BLIZZARD

HOT CHOCOLATE PARTY SCARVES

NEW YEAR SLUSH SNOWBALL SNOWMAN

RESOLUTION TIMES SQUARE BAKING COLD

AULD LANG SYNE

NEW YEAR QUOTES!!

Youth is when you're allowed to stay up late on New Year's Eve. Middle age is when you're forced to.
~Bill Vaughn

An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves. ~Bill Vaughan

Many people look forward to the new year for a new start on old habits.
~Author Unknown

A New Year's resolution is something that goes in one year and out the other.
~Author Unknown

Be always at war with your vices, at peace with your neighbors, and let each new year find you a better man.
~Benjamin Franklin

Never tell your resolution beforehand, or it's twice as onerous a duty.
~John Selden

New Year's eve is like every other night; there is no pause in the march of the universe, no breathless moment of silence among created things that the passage of another twelve months may be noted; and yet no man has quite the same thoughts this evening that come with the coming of darkness on other nights.
~Hamilton Wright Mabie

The proper behavior all through the holiday season is to be drunk. This drunkenness culminates on New Year's Eve, when you get so drunk you kiss the person you're married to. ~P.J.

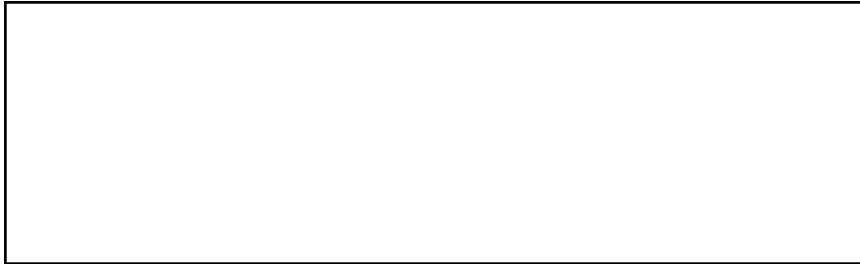
ABOUT THE ATRIUM

The Atrium is a personal care home dedicated to assisting our residents on their journey through the "circle of life" with enhanced and individualized services. We are conveniently located in downtown Johnstown. We offer:

The Atrium
A Choice Community



- Air conditioned facilities;
- Private rooms with private baths;
- 24 hour in-house nursing service;
- Delicious meals served in our elegant dining rooms and nutritious snacks available 24 hours per day;
- House keeping and laundry services;
- A variety of daily activities and social programs;
- In house beauty/barber shop;
- In-house weekly religious services;
- 24-hour security;
- Assistance with daily living needs such as bathing, grooming, dressing and medications.
- Much, much more!



CURRENT RESIDENT

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Not-For-Profit Organization
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Johnstown, Pa. 15901
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www.theatriumcommunity.com