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About the Atrium

INTRODUCING: CLARA VARCHOL!



Above: Clara enjoys herself here at The Atrium.

Often, I talk about our Atrium family in regard to all of the wonderful people we share our lives with; however, when it comes to Clara, she actually *is* family!

If you've never met her, Clara is the Grandmother of our very own Pam Albus—our Residential Services Director. Clara came to us back in October, and we're so happy she did!

Born and raised in Bolliver, PA, Clara had a good time growing up with her two brothers and one sister. "We didn't have everything growing up that kids have today, but we had a nice time playing together."

Family has always been important to Clara. Though she wasn't able to have children of her own,

She was able to have a family in a rather interesting way. "I placed an ad in the paper for child care services. My husband was a military man, and his wife had passed away. His mother was taking care of his two children while he was enlisted and she answered the ad." It isn't often that you can meet a man's family before you meet him! I guess fate has a pleasant way of working out sometimes.

Clara very much enjoyed the life she and her husband made together. They were blessed to be given four grandchildren, and three great grandchildren. Clara is so very proud of all of them. She says of Pam, "Pam is a wonderful girl. She's such a hard worker, and she was always there for us, even while she was working through

school."

Aside from that, Pam also gave she and her husband something special. "My husband always wanted a boy. I wasn't able to have children, so when Billy was born [Pam's son], he was my husband's world. His joy in life."

Clara is happy to have led a happy life, and is enjoying her time here with us as well. In fact, she's even found more family since being here! Past resident spotlight Margaret Dodson, "...has become like a sister to me. She's really filled a place in my heart."

We're glad that Clara is surrounded with so much love. She's filled a place in our hearts, too.



You may have noticed that by each elevator, and in the downstairs main hallway, we have placed new forms marked, "We Care." These forms are there 24 hours a day for you to report any concerns, complaints, or suggestions you may have. . If you need any help filling it out, we will be more than happy to assist you. We are dedicated to addressing your needs—whatever they may be. There will be a slot in the wall by the main office for the forms to be placed once completed. Here at The Atrium, we are always looking to be our best. With your help, we're getting better everyday, so please never hesitate to let us know how we can improve. At The Atrium, **We Care!!**

SPECIAL EVENTS AT THE ATRIUM

Worship Schedule

SUNDAY CHURCH SERVICE

On Sunday, there are church services on TV, and Eucharistic ministers Mr. & Mrs. Podrasky will be available for private communion and ministry services as needed.

CATHOLIC MASS

Catholic Mass is celebrated each Monday in the Main Lounge.

March 7th - Fr. Anthony	10:00
March 14th - Fr. Thomas	1:30
March 21st - Fr. Crookston	1:30
March 28th - Fr. Bernard	10:00

PRAYER CIRCLE

Prayer Circle is held every Tuesday in the Main Lounge at 10:00 AM. Prayer Circle is led by our Activities Department.

ROSARY

Rosary Service is held every Wednesday in the Annex Dining Room at 10:00 AM. Led by resident Anna Frances Kist.

PRAYER SERVICE

Prayer Service is held every Thursday morning in the Main Lounge.

March 3rd - Chaplin Jones	10:00
March 10th - Rev. Bob	1:30
March 17th - Rev. William Seals	10:30
March 24th - Rev. Wagner	10:00
March 31st - Kevin Bean w/ Eucharistic Minister Julie DiBuono	10:00

MARK YOUR CALENDAR!!

SHOPPING DAYS

Twice a month, Kevin will go out and buy whatever it is that you need. He will only be shopping on **THOSE TWO DAYS**, so please plan ahead. He will also only buy items for residents **who have their own money**.

Weekly Events: *Exercise is EVERY morning

Monday:	Mass, Treasure Hunt, Cash Bingo, Movie in the Lounge, Main Menu Day
Tuesday:	Prayer Circle, Nail & Spa, Art Class, Penny Ante
Wednesday:	Rosary, Crafts w/ Lois, Charades w/ Kevin Annex Menu Day
Thursday:	Pictionary, Prayer Service, Prize Bingo, Men's Poker Club
Saturday:	Games in the Lounge, Movie in the Lounge
Sunday:	TV Mass in the Lounge, Eucharistic Ministers, Games in the Lounge, Movie in the Lounge

SPECIAL EVENTS

1st	Baking w/ Kevin Music w/ George
3rd	Shopping Day
4th	Prayer w/ Fr. Arnone Karaoke Baking w/ Kevin
8th	Mardi Gras Dance Cloud of Grace
9th	Ash Wednesday Ball Room Dancers
11th	Bible Study w/ Fr. Nicholas Music w/ Kevin
15th	Music w/ George
16th	Senior Wellness Day
17th	St. Patrick's Day Dance w/ Paul Stephenson Shopping Day
18th	Golden Strutters Baking w/ Kevin
23rd	Bingo w/ Grane Hospice
24th	Senior Serenaders Magic Show w/ Mark the Magician
25th	Celebration of Life Party w/ Lou Stein
28th	Baking w/ Kevin
29th	Music w/ George
30th	Music w/ Pat
31st	Shopping Day

BIRTHDAYS, FRIENDS, CELEBRATIONS, & MORE!

MARCH WINDS ARE BLOWING IN SOME CHANGES!

As many of you already know, longtime Administrator Mary McDermott has decided to resign from the Atrium— she will be missed!

We here at the Atrium are working hard to find a qualified replacement for her; however, in the meantime, Candace McMullen and Paula Bracken, two representatives from our parent company Affinity Health Services, will be filling in.

Affinity has been with the Atrium for over 20 years, so Candace and Paula are certainly not new to us, but they may be new to you! As has always been the case, we have an open door policy here and welcome you to stop by and meet both Paula and Candace, who would like you to know how happy they are to be here with our family.

So, while the winds of change may be blowing, they certainly won't change the wonderful care we've been able to provide over the years. We hope to make this transition for everyone as seamless as possible. Feel free to contact us with any questions or concerns.

Sincerely,
Your Atrium Family

MARCH



Happy Saint Patrick's Day!
From the Atrium



WE

The Atrium, along with
Medi Home Health,
will feature
a presentation on:
"March into Fitness"
Part of the
Senior Wellness Day
Series
Wednesday, March 16th,
2 pm
The Atrium
Main Lounge - Downtown

PUBLIC WELCOME!
RSVP: 535-5347

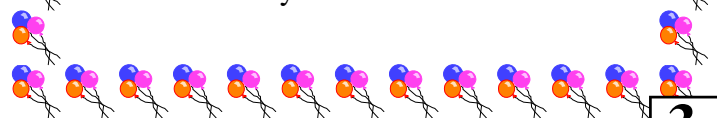


MARCH BIRTHDAYS

Alice Chesnut -	9th
Emma Parker -	9th
Joanna Rychak -	13th

STAFF BIRTHDAYS

Elma Wirfel -	7th
Eric Heptner -	14th
Richard Burkhart -	21st
Tahnya Calhoun -	22nd
Melissa Hasselrig -	24th
Kevin Bean -	25th
Laternia Brantley -	29th



ACTIVITY NEWS



Above: Maggie says, "Shake it, but don't break it!" as she gets down at the Valentine's Day Dance.

While it may have been cold outside, it was hot in here! February turned out to be a pretty fantastic month—even though it didn't start out that way...

Yes, that's right, you may have tried to

forget about it by now, but we did start the month off with a Steeler's Super Bowl loss. That's okay, we had a nice time at the party anyway.

After we dried our eyes on our Terrible Towels, went back to having a grand time.

This month, we celebrated Punxatawney Phil's shadow sighting by watching Ground Hog Day together. Soon after, it was time for some origami in honor of Chinese New Year. Kevin led the way in the baking class, marking the anniversary of the Hershey company by making some great chocolate brownies.

brownies.

The next week, we really got things hopping with a slew of evening events—the 14th marked Valentine's Day, and we couldn't let the occasion pass without a dance! We took votes throughout the day, and while our friend Benjamin Gerideau tickled the ivories, we crowned Clara Varchol and Frank Demko king and queen of the dance! "It's fixed!" said Frank, but he didn't seem upset at all when Clara cuddled into his shoulder for a royalty dance.

That night, the Roduljub Dancers performed a special Valentine's Day version of their amazing Polish dancing. We followed that by enjoying the sounds of Cloud of Grace the next night, and then got everyone's blood pumping when Sherry Lynn and Brian came in and danced up a red storm. The next night, the Retired Men's chorus entertained us, and then the Golden Strutters came in to end things on a high note.

What a week! However, we didn't let up! The next week saw Grane Hospice giving us a Patriotic



Above: Rev. Seals, one of our own, conducts a Prayer Circle for us.

Celebration in honor of President's day, Paul Stephenson twisting some hips and tapping some toes, Kevin wailing away with his guitar, and jazz great Lou Stein bringing All That Jazz to our Celebration of Life party.

Not to be outdone, March is looking like an exciting time too! We've got a Mardi Gras Dance, a St. Patrick's Day Dance, lots of baking with Kevin (national Pound Cake Day!), and a magic show to celebrate Houdini's birthday!!

So come on down to the Atrium this month and see how much fun we're having! Cheers!



Above: Clara and Frank, our Valentine's Day King and Queen, share a lovely dance.

Saint Patrick's Day Word Search

V G D H V C T Z K Q W P V A R
 X Z L U S I F O S Y O C Q D Q
 Y C E Q B P A N O T B N B R Z
 L E P E H L A H O Q N J V A K
 N L R U K K I F S E I X C C O
 A T E J E C G N E I A M I L I
 N I C S X O I R P Y R R T U D
 F C H M L N G R V R T I N A S
 A A A D J S I H E A H E I N N
 N T U X Z M D F P M W P A V L
 N D N E G E L W N B I U S U P
 N T J W W K L Q U C H L Y U P
 J B Q A P F Z O K U N Q O J X
 I W I N B I R E L A N D G S Y
 J D C K C O R M A H S Y B Z X

ST. PATRICK'S DAY

For each petal on the shamrock
 This brings a wish your way -
 Good health, good luck, and happiness
 For today and every day.
 ~Author Unknown

May your blessings outnumber
 The shamrocks that grow,
 And may trouble avoid you
 Wherever you go.
 ~Irish Blessing

May the Irish hills caress you.
 May her lakes and rivers bless you.
 May the luck of the Irish enfold you.
 May the blessings of Saint Patrick behold you.
 ~Irish Blessing

May the road rise up to meet you.
 May the wind always be at your back.
 May the sun shine warm upon your face,
 and rains fall soft upon your fields.
 And until we meet again,
 May God hold you in the palm of His hand.

May the good earth be soft under you when you rest upon it,
 and may it rest easy over you when, at the last, you lay out under it,
 And may it rest so lightly over you that your soul may be out from under it quickly,
 and up, and off,
 And be on its way to God.

May neighbors respect you,
 Trouble neglect you,
 The angels protect you,
 And heaven accept you.

Happy Saint Patrick's Day!



CELTIC	DUBLIN	GREEN
IRELAND	IRISH	LEGEND
LEPRECHAUN	LIMERICK	PATRICK
POTOFGOLD	RAINBOW	SAINT
SHAMROCK	SNAKES	



ABOUT THE ATRIUM

The Atrium is a personal care home dedicated to assisting our residents on their journey through the "circle of life" with enhanced and individualized services. We are conveniently located in downtown Johnstown. We offer:

The Atrium
A Choice Community



- Air conditioned facilities;
- Private rooms with private baths;
- 24 hour in-house nursing service;
- Delicious meals served in our elegant dining rooms and nutritious snacks available 24 hours per day;
- House keeping and laundry services;
- A variety of daily activities and social programs;
- In house beauty/barber shop;
- In-house weekly religious services;
- 24-hour security;
- Assistance with daily living needs such as bathing, grooming, dressing and medications.
- Much, much more!



CURRENT RESIDENT



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Not-For-Profit Organization
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www.theatriumcommunity.com